

## DIAGNOSIS AND MANAGEMENT OF TRAUMATIC ATLANTO-OCCIPITAL DISLOCATION INJURIES

### RECOMMENDATIONS

#### **Diagnostic:**

Standards: There is insufficient evidence to support diagnostic standards.

Guidelines: There is insufficient evidence to support diagnostic guidelines.

Options:

- A lateral cervical radiograph is recommended for the diagnosis of AOD. If a radiological method for measurement is used, the basion-axial interval-basion dental interval (BAI-BDI) method is recommended.
- The presence of upper cervical prevertebral soft tissue swelling on an otherwise non-diagnostic plain radiograph should prompt additional imaging.
- If there is clinical suspicion of AOD, and plain radiographs are non-diagnostic, CT or MR imaging is recommended, particularly for the diagnosis of non-Type II dislocations.

#### **Treatment:**

Standards: There is insufficient evidence to support treatment standards.

Guidelines: There is insufficient evidence to support treatment guidelines.

Options: Treatment with internal fixation and arthrodesis using one of a variety of methods is recommended. Traction may be used in the management of patients with AOD, but is associated with a ten percent risk of neurological deterioration.

### RATIONALE

Although traumatic atlanto-occipital dislocation (AOD) was perceived to be an uncommon injury resulting in frequent death, improvements in emergency management of the

patient in the field, rapid transport, and better recognition have resulted in more survivors of AOD in the past two decades. Infrequent observation of patients with AOD and missed diagnoses may impair outcomes of patients with this unusual injury.(44) An assimilation of the reported experiences of clinicians evaluating and managing AOD may facilitate development of diagnostic and treatment options for this traumatic disorder. Specific questions that were evaluated include the sensitivity of plain radiographs, CT, and MR imaging in the diagnosis of AOD, as well as the safety and efficacy of various treatment modalities for AOD, including no treatment, traction, external immobilization, and internal fixation with fusion.

## **SEARCH CRITERIA**

A National Library of Medicine computerized literature search of publications from 1966 to 2001 was performed using the following headings: “atlanto-occipital joint” and “dislocation”. An exploded search of these headings led to 690 and 86,205 citations, respectively. A subset of 233 citations contained both headings. The references of the identified articles were reviewed to identify additional case reports. Since fewer than 100 cases of survivors of AOD were identified, even single case reports were considered, provided that basic inclusion criteria were met. The articles were reviewed using the following criteria for inclusion in diagnosis: human survivors, type of traumatic atlanto-occipital dislocation, and plain radiographic findings. The articles were also reviewed using the following criteria for inclusion in treatment: human survivors, type of traumatic AOD, management, and outcome. The observations from the reports were combined because the usual methods for analysis were precluded by the infrequent observation of this injury. The type of dislocation was classified according to Traynelis et al (51) into Type I (anterior), Type II (longitudinal), and Type III (posterior) dislocations. Lateral, rotational and multi-directional dislocations that could not be classified into one of these three

types were considered separately and are notated as “Other Type”. The duration of follow-up ranged from several weeks to four years. Of the articles meeting the diagnostic selection criteria reported, 48 articles with 79 patients provided data on 29 Type I, 32 Type II, four Type III, and 14 other types of AOD. Two of these articles (10,44) included one patient each from two previously published individual case reports.(41,42) Of the articles meeting the treatment selection criteria, 43 articles with 62 patients provided data on 24 Type I, 23 Type II, three Type III, and 12 other types of AOD. Two of these articles (10,44) included one patient each from two previously published individual case reports.(41,42) All articles contained Class III medical evidence consisting of either single case studies or small case series with no report containing more than six patients. The information provided by these reports was compiled and scrutinized and make up the basis for this guideline. Summaries of these reports are provided in Evidentiary Table format.

## **SCIENTIFIC FOUNDATION**

### **Diagnosis:**

A variety of radiographic measurements has been proposed for the diagnosis of AOD on a lateral cervical radiograph (Figure 1). A displacement of more than ten mm between the basion and dens is considered abnormal by Wholey et al.(53) A ratio of the basion-posterior atlas arch distance divided by the opisthion-anterior atlas arch distance greater than one is considered abnormal by Powers et al.(43) A distance of more than 13 mm between the posterior mandible and anterior atlas or 20 mm between the posterior mandible and dens is considered abnormal by Dublin et al.(12) Failure of a line from the basion to the axis spinolaminar junction to intersect C2, or a line from the opisthion to the posterior inferior corner of the body of the axis

to intersect C1, are considered abnormal by Lee et al.(32) Finally, a displacement of more than 12mm or less than minus four mm between the basion and posterior C2 line, or a displacement of more than 12 mm from the basion to dens (two mm more than the Wholey recommendation) is considered abnormal by Harris et al.(24,25) A comparative study by Lee found a 50% sensitivity of the Wholey method, 33% sensitivity of the Power's ratio, and a 25% sensitivity of the Dublin method. The authors applied their X-line method with a 75% sensitivity.(32) Although neither the Power's ratio nor X-line method could be applied in nearly half their patients, a comparative study by Harris et al found a 60% sensitivity of the Power's ratio, a 20% sensitivity of the Lee method, and 100% sensitivity of the BAI-BDI method among those in whom the required landmarks could be identified.(25) Przybylski et al (44) reported failure to diagnose AOD in two of five patients with the Power's ratio, one of five patients with the X-line method, and in two of five with the BAI-BDI method. No radiographic method reviewed has complete sensitivity. The BAI-BDI method proposed by Harris et al (which incorporates the basion-dens distance described by Wholey) is at present the most reliable means to diagnose AOD on a lateral cervical spine radiograph.

Many of the case reports and case series in the literature do not describe the method(s) used for diagnosis of AOD. Since the most sensitive method was proposed by Harris et al (25) in 1994, this method was probably not used for many of the evaluations. Although retrospectively a diagnosis was possible on the first lateral radiograph in 60 of 79 patients, (sensitivity = 0.76) the diagnosis was actually made in only 45 of the 79 patients (sensitivity = 0.57) on the first lateral radiograph. Of the fifteen in whom the diagnosis could have been made on the first lateral radiograph, three were not stratified by type, whereas eleven of the remaining twelve were not Type II dislocations. A second lateral radiograph (nine cases), tomography (one

case), fluoroscopy (two cases), CT (two cases), and MRI (five cases) were required for diagnosis in 19 of 79 patients. The sensitivities stratified by type of dislocation are: Type I, 0.83 (24 of 29); Type II, 0.72 (23 of 32); Type III, 0.75 (three of four), Other Type, 0.71 (ten of 14). Since these data were obtained from case reports and small case series, comparison with the accuracy of plain radiographs in patients without AOD could not be performed. As a result, specificity, predictive values, and likelihood ratios can not be discerned from the available literature.

Of the fifteen patients in whom the diagnosis was missed on the initial plain radiographs, the initial neurological condition of three patients was unknown.(1) Of the remaining twelve patients, four were neurologically normal (one Type I, one Type III, two other type).(13,29) Two of those four patients originally reported as normal developed a monoparesis (one Type I, one other type).(7,49) Neither recovered completely. Eight of the remaining twelve patients had neurologic abnormalities from the outset, five of whom worsened. Four of the five transiently worsened, including one Type I injury patient with quadriplegia and Cranial Nerve IX, X, and XII palsies (9) who was only spastic at last follow-up. One patient with a Type I injury developed a hemiparesis that recovered.(27) One Type I injury patient developed quadriplegia who was hemiparetic at follow-up.(46) One lateral dislocation patient with paraparesis and torticollis recovered at last follow-up.(52) One patient (Type I) with a monoparesis initially experienced permanent worsening and was quadriplegic at follow-up.(54)

Although plain radiographs do not reliably identify AOD, the index of suspicion may be increased with the identification of prevertebral soft tissue swelling (STS). Although plain radiographs were obtained in all cases considered, the presence or absence of soft tissue swelling was described in only half. The sensitivity of soft tissue swelling is 0.90 (37 of 41 cases). Acute craniocervical CT imaging was performed in 40 of 79 patients with AOD. However, for 15 of

40 patients the authors did not report whether AOD was diagnosed by CT. The diagnosis of AOD was made by CT in 21 of 25 patients (sensitivity=0.84). Although no other CT findings were reported in 11 of 40 patients, 24 of the remaining 29 patients with AOD studied with CT had hemorrhages (19 subarachnoid hemorrhage, one subdural hemorrhage, four contusions). Five patients had no CT evidence of associated hemorrhage. Nine of fifteen patients in whom the diagnosis of AOD was missed on the first plain radiograph had subsequent acute CT imaging; eight had subarachnoid or other associated hemorrhage.(1,9,8,44) Craniocervical MR imaging was performed in 18 of 79 patients with AOD. The MR findings were not reported for four of the 18 patients studied. The diagnosis of AOD could be made in 12 of 14 cases studied with MRI (sensitivity=0.86).

In summary, physicians often miss the diagnosis of AOD on plain radiographs, (sensitivity=0.57) particularly in the circumstance of non-longitudinal dislocations (non-Type II). Although improved interpretation may increase sensitivity of plain x-rays to 0.76, additional imaging of the craniovertebral junction with CT or MRI is recommended in patients suspected of having AOD, given their superior sensitivity over plain radiographs. Other methods such as fluoroscopy, tomography, and myelography have also been used to confirm the diagnosis of AOD. Neurological abnormalities including lower cranial nerve paresis (particularly cranial nerves 6, 10, and 12), monoparesis, hemiparesis, quadriplegia, respiratory dysfunction including apnea, and complete high cervical cord motor deficits in the setting of normal plain spinal radiographs should prompt additional imaging with CT or MRI. The presence of prevertebral STS on plain radiographs, and subarachnoid hemorrhage on CT at the craniovertebral junction should prompt consideration of the diagnosis of AOD.

**Treatment:**

Ten patients in the literature did not receive initial treatment for AOD, nine of whom were not correctly diagnosed until neurological worsening occurred.(7,8,10,20,46,48,49,52,54) Five of nine had Type I injuries and four of nine had other injury types. Four of nine had persistent deficits at last follow up which were worse in comparison with their exams on presentation.(7,10,49,54) Two of these patients were normal initially. At last follow-up, one had a CN X deficit with spasticity (Type I) (49) and one a monoparesis.(7) The other two patients had mild initial deficits. One patient with an initial CN VI palsy had a hemiparesis at last follow-up, (10) whereas another with an initial monoparesis was quadriplegic at follow-up (54). Five patients who worsened initially without treatment eventually improved from their initial neurological condition. Finally, one quadriplegic patient with Type II AOD (56) who was not treated improved to quadriparesis at last follow-up. In summary, failure to treat AOD resulted in worsening of all patients with incomplete injuries. Nearly half of these patients failed to improve to their presentation examination baselines.

Of twenty-one patients with AOD initially treated with traction, two worsened transiently and developed worsening quadriparesis and CN VI deficits. Both had resolution of their CN VI deficits but not of their quadriparesis. One patient had a Type II injury (40) and one patient had a rotational dislocation.(10) Four patients were initially normal and remained normal at follow up (2,4,16,33). The remaining fifteen patients had improved neurological function compared to their initial findings at last follow-up. Ten had Type I injuries, five had Type II injuries, two had Type III injuries, and two had other dislocations. In total, one of six patients with Type II injuries and one of three patients with other translational injuries had transient worsening with the use of craniocervical traction. In summary, traction for AOD has been reported to cause

occasional neurological worsening. In both circumstances, the worsening did not persist after discontinuation of traction. Because the frequency of neurological worsening with traction for AOD is approximately 10%, ten times higher than that for subaxial injuries, the use of traction should be considered with caution in patients with AOD.

Of nineteen patients initially treated with external immobilization excluding traction, eight were immobilized in anticipation of internal fixation and fusion and none worsened during the pre-surgical interval (one Type I, four Type II, three other type).(10,11,31,33,38,44) Of the remaining eleven patients treated with external immobilization alone excluding traction, four worsened transiently (three Type I, one Type II). (9,11,13,27) All subsequently underwent craniocervical fixation and fusion. Two of these patients were normal at follow up (one initially normal, one initially hemiparetic) and two were spastic (one initially quadriparetic and one hemiparetic). Of the remaining seven patients managed with external immobilization alone who did not worsen while in external immobilization, two patients managed in collars and one patient treated in a halo were unstable after six to 22 weeks of immobilization (one Type I, two Type II). Two were quadriplegic and one was normal. All three underwent internal fixation and fusion without change in their initial neurological condition at last follow-up. Only four patients with AOD were successfully treated with external immobilization alone (one Type I, two Type II, one other dislocation). Of the twenty-one patients initially treated with traction, six were subsequently managed with external immobilization and none developed neurological worsening. Two of the six (both Type I) remained unstable after three to five months of bracing and were subsequently treated with craniocervical fixation and fusion. Five of those six patients had improvement in their neurological condition at follow-up. The sixth patient remained normal.

In summary, five of thirteen patients with AOD who did not worsen neurologically while treated with external immobilization (with or without traction) failed to achieve bony union with stability without internal fixation and fusion. In addition, six patients transiently worsened with external immobilization (with or without initial traction). Factors affecting fusion or persistent non-union such as degree and type of displacement, patient age, and association with occipital condyle fractures could not be identified. Since eleven of forty patients (28%) managed with external immobilization either deteriorated neurologically or failed to achieve craniocervical stability without surgical internal fixation and fusion, treatment of AOD with external immobilization alone should be considered with caution.

Finally, nineteen patients in the literature were treated with planned early craniocervical fusion with internal fixation. Only one patient worsened neurologically following surgery. This patient with a Type II injury was normally initially and developed a CN X deficit which persisted at follow-up.(44) All but three of the remaining eighteen improved neurologically at follow-up. Four had Type I, ten had type II, and four had other types of dislocation. None of the patients treated with craniocervical fusion and internal fixation had late instability requiring reoperation or further treatment.

## **SUMMARY**

AOD is an uncommon traumatic injury which is difficult to diagnose and is frequently missed on initial lateral cervical radiographs. Patients who survive often have neurological impairment including lower cranial neuropathies, unilateral or bilateral weakness, or quadriplegia. Yet, nearly 20% of patients with acute traumatic AOD will have a normal

neurological examination on presentation. The lack of localizing features may impede diagnosis in the patient with a normal cervical radiograph. A high index of suspicion must be maintained in order to diagnose AOD. Prevertebral soft tissue swelling on a lateral cervical radiograph or craniocervical subarachnoid hemorrhage on axial CT have been associated with AOD and may prompt consideration of the diagnosis. Additional imaging including CT and MR may be required to confirm the diagnosis of AOD if plain radiographs are inadequate. All patients with AOD should be treated. Without treatment, nearly all patients developed neurological worsening, some of whom did not recover. Although treatment with traction and external immobilization has been used successfully in some patients, transient or permanent neurological worsening and late instability have been reported more often in association with these treatments compared to surgical treatment. Consequently, craniocervical fusion with internal fixation is recommended for the treatment of patients with acute traumatic AOD.

#### **KEY ISSUES FOR FUTURE INVESTIGATION**

Although the use of external immobilization for AOD was often associated with late instability, several patients achieved stability without operative management. CT imaging with three dimensional reconstruction for more precise measurement of the magnitude of displacement and MR imaging for differentiation of partial and complete ligament tears from stretch injuries may be useful in identifying a subgroup of patients in whom stability might be achieved with external immobilization alone. Because AOD remains relatively infrequent, cooperative prospective collection of plain radiographic, CT and MR imaging data in patients with AOD is recommended to determine if a subgroup of patients with AOD can be treated with external immobilization alone with fewer occurrences of late instability.

## EVIDENTIARY TABLE I - Imaging Diagnosis of AOD

| AUTHOR                            | AOD TYPE                                  | DIAGNOSIS MADE BY   | XRAY FINDINGS   | CT FINDINGS  | MR FINDINGS  |
|-----------------------------------|---|---|---|--|--|
| Grabb 1999                        | I<br>II<br>II                             | Plain Xray<br>Plain Xray<br>MRI   | STS, Power+<br>STS, Power-<br>STS, Power-   | Unreported<br>None performed<br>None performed   | Part tear tectorial<br>Tear Post. AOL<br>Part tear tectorial   |
| Naso 1997                         | I/II                                      | Plain Xray  | No mention STS  | Unreported   | Delayed study  |
| Sponseller 1997                   | I<br>II                                   | Plain Xray<br>(missed)<br>Plain Xray  | No mention STS<br>No mention STS  | None performed<br>Unreported   | None performed<br>Brainstem contusion  |
| Przybylski 1996<br>Pang 1980      | I<br>II<br>II<br>I/Lateral<br>I/Lateral   | MRI<br>Plain Xray<br>(missed)<br>2 <sup>nd</sup> plain Xray<br>Plain Xray<br>(missed)<br>Plain Xray<br>(missed) | Power/BDI/Xline-<br>Power/BDI/Xline+<br>Power/BDI-,Xline+<br>Power/BDI/Xline+<br>Power/BDI/Xline+ | SAH, - Dx<br>SAH, +Dx<br>SAH, +Dx<br>Normal, Head only<br>SAH, +Dx                       | BS contusion, +Dx<br>BS contusion, +Dx<br>None performed<br>None performed<br>None performed             |
| Yamaguchi 1996                    | I   | Plain Xray  | No mention STS  | SAH,+ tomo   | BS Contusion,+Dx   |
| Guigui 1995                       | I   | Plain Xray  | STS   | +Dx  | None performed   |
| Ahuja 1994                        | I<br>II<br>II<br>II<br>I/II<br>I/II       | Fluoroscopy<br>5 Plain Xray (3 missed)  | STS,Power-<br>STS,Power+<br>STS,Power+<br>STS,Power+<br>STS,Power+<br>STS,Power+                  | SAH, unknown<br>None performed<br>SAH, +Dx<br>SAH, unknown<br>None performed<br>SAH, +Dx | None performed<br>None performed<br>None performed<br>None performed<br>None performed<br>None performed |
| Donahue 1994                      | I<br>II<br>II<br>II                       | Plain Xray<br>Plain Xray<br>Plain Xray<br>Plain Xray  | STS<br>STS, 5mm distract<br>STS<br>6mm distract   | None performed<br>None performed<br>None performed<br>Intracerebral bleed                | None performed<br>None performed<br>None performed<br>None performed                                     |
| Palmer 1994                       | II  | CT  | No mention STS  | Unreported   | CordContusion,+Dx  |
| Dickman 1993<br>Papadououlos 1991 | II<br>Rotatory<br>Rotatory<br>II/Rotatory | Plain Xray<br>CT<br>MRI<br>2 <sup>nd</sup> Plain Xray   | 15mm distraction<br>STS<br>STS<br>STS   | None performed<br>+ Dx<br>No blood, - Dx<br>+Dx  | None performed<br>None performed<br>Epidural, +Dx<br>Epidural, +Dx                                       |
| Harmanali 1993                    | II  | Plain Xray  | No mention STS  | None performed   | - Dx   |
| Hosono 1993                       | I   | Plain Xray<br>(missed)  | STS   | Edema, head only   | Delayed study  |
| Matava 1993                       | II<br>II<br>II                            | Plain Xray<br>Plain Xray<br>Plain Xray  | STS<br>No mention STS<br>No mention STS   | Delayed study<br>None, +DX<br>SAH, +DX   | None performed<br>None performed<br>BS Contusion   |
| Nischal 1993                      | II<br>II                                  | Plain Xray<br>Plain Xray  | STS<br>STS  | BS contusion,- Dx<br>- Dx  | None performed<br>None performed   |
| Bundshuh 1992                     | I<br>I                                    | Plain Xray<br>Plain Xray  | STS<br>STS, Power/Xline-  | SAH, +Dx<br>SAH  | SAH, + Dx<br>- Dx  |
| Farley 1992                       | I   | Plain Xray  | STS, Power +  | None performed   | Cord contusion   |
| Belzberg 1991                     | II  | 2 <sup>nd</sup> Plain Xray  | STS   | SAH, +Dx   | None performed   |
| Hladky 1991                       | II<br>II                                  | MRI<br>MRI  | No mention STS<br>No STS  | Contusion,head only<br>Normal, Head only   | + Dx<br>+ Dx   |
| Lee 1991                          | II<br>I/Rotatory                          | Plain Xray<br>Plain Xray  | STS<br>STS  | SAH, +Dx<br>+ Dx   | None performed<br>None performed   |

| <b>AUTHOR</b>       | <b>AOD TYPE</b> | <b>DIAGNOSIS MADE BY</b>   | <b>XRAY FINDINGS</b>                               | <b>CT FINDINGS</b>                                 | <b>MR FINDINGS</b>                                 |
|---------------------|-----------------|--|--|--|--|
| Maves 1991          | II<br>II<br>III | Plain Xray<br>Plain Xray<br>Plain Xray                                 | No mention STS<br>No mention STS<br>No mention STS | None performed<br>None performed<br>None performed | None performed<br>None performed<br>None performed |
| Montane 1991        | I<br>II<br>II   | Plain Xray<br>2 <sup>nd</sup> Plain Xray<br>2 <sup>nd</sup> Plain Xray | STS<br>STS<br>No STS                               | None performed<br>None performed<br>None performed | None performed<br>None performed<br>None performed |
| DiBenedetto 1990    | I               | Plain Xray (missed)  | STS  | ICH, +DX   | None performed                                     |
| Jones 1990          | I               | Plain Xray   | No mention STS                                     | +DX  | Premedullary edema                                 |
| Colnet 1989         | Lat/rotatory    | Tomography   | Late study   | SAH, +DX   | Delayed study                                      |
| Jevitch 1989        | Lateral         | Plain Xray (missed)  | No mention STS                                     | Delayed study                                      | None performed                                     |
| Hummel 1988         | I               | 2 <sup>nd</sup> Plain Xray   | No mention STS                                     | Subdural, Head only                                | None performed                                     |
| Zampella 1988       | II              | Plain Xray   | No mention STS                                     | SAH, Head only                                     | Delayed study                                      |
| Georgopoulou s 1987 | I               | Cineradiography  | No mention STS                                     | Delayed study                                      | None performed                                     |
| Bools 1986          | I<br>III        | Plain Xray<br>2 <sup>nd</sup> Plain Xray                               | STS<br>No mention STS                              | SAH, +DX<br>None performed                         | None performed<br>None performed                   |
| Collato 1986        | I/lateral       | Plain Xray (missed)  | No STS   | SAH, Head only                                     | Delayed study                                      |
| Putnam 1986         | I               | Plain Xray   | STS, Powers +                                      | SAH, +DX   | None performed                                     |
| Ramsay 1986         | I               | Plain Xray (missed)  | No mention STS                                     | None performed                                     | None performed                                     |
| Roy-Camille 1986    | I<br>I          | Late Plain Xray<br>Plain Xray  | No mention STS<br>STS                              | Delayed study<br>None performed                    | None performed<br>None performed                   |
| Zigler 1986         | I               | Plain Xray   | No mention STS                                     | None performed                                     | None performed                                     |
| Watridge 1985       | Lateral         | Plain Xray (missed)  | No STS   | Delayed study                                      | None performed                                     |
| Banna 1983          | Rotatory        | Plain Xray   | No mention STS                                     | + Dx   | None performed                                     |
| Kaufman 1982        | II<br>II        | Plain Xray<br>Plain Xray   | STS<br>STS   | None performed<br>None performed                   | None performed<br>None performed                   |
| Woodring 1981       | I<br>I          | Plain Xray<br>Plain Xray (missed)                                      | No mention STS<br>STS                              | None performed<br>None performed                   | None performed<br>None performed                   |
| Powers 1979         | I<br>II         | Plain Xray<br>2 <sup>nd</sup> Plain Xray                               | Late study<br>No mention STS                       | None performed<br>None performed                   | None performed<br>None performed                   |
| Rockswold 1979      | II              | Plain Xray   | No mention STS                                     | None performed                                     | None performed                                     |
| Eismont 1978        | III             | Plain Xray (missed)  | No mention STS                                     | None performed                                     | None performed                                     |
| Fruin 1977          | I               | Plain Xray   | No mention STS                                     | None performed                                     | None performed                                     |
| Page 1973           | I               | Plain Xray   | STS  | None performed                                     | None performed                                     |
| Evarts 1970         | I               | Plain Xray   | No mention STS                                     | None performed                                     | None performed                                     |
| Gabrielsen 1966     | I               | 2 <sup>nd</sup> Plain Xray   | STS  | None performed                                     | None performed                                     |
| Farthing 1948       | III             | Plain Xray   | No mention STS                                     | None performed                                     | None performed                                     |

1 patient was eliminated because the plain radiograph interpretation was not reported. Ferrara (1)

2 articles (11 patients) were eliminated because the type of dislocation was not reported. Cohen (1), Georgopolous (2/3), Hladky (1/3), Naso (1/2), Sun (6/6)

1 article (5 patients) was eliminated because individual patient data was not reported. Bulas (5/5)

**EVIDENTIARY TABLE II - Treatment of AOD**

| <b>AUTHOR</b>                   | <b>TYPE</b>                              | <b>INITIAL EXAM</b>                                | <b>TREATMENT</b>   | <b>OUTCOME</b>   |
|---------------------------------|--|--|--|--|
| Naso 1997                       | Mixed I/II                               | Quadriplegia                                       | Supportive   | Death five wks   |
| Sponseller 1997                 | I  | Normal   | None (neuro worse),<br>Traction, Fusion+Brace<br>Brace failed (6wk),<br>Fusion | Spastic, CN 10   |
|                                 | II                                       | Normal   |  | Normal   |
| Przybylski 1996<br>Pang 1980    | I  | Quadriplegia                                       | Collar + Fusion  | Quadriplegia   |
|                                 | II                                       | Quadriplegia                                       | Halo failed (22 wk),<br>Fusion   | Quadriplegia   |
|                                 | II<br>Mixed I/Lateral<br>Mixed I/Lateral | Normal<br>Hemiplegia<br>Quadriparesis,<br>CN6/7/12 | Fusion + Collar<br>Collar + Fusion<br>Fusion + Collar                          | CN 10<br>Monoparesis<br>CN 12                            |
| Yamaguchi 1996                  | I  | Quadriplegia,<br>CN 10,11,12                       | Brace failed (10wk),<br>Fusion   | Quadriplegia,<br>CN 10,11,12                             |
| Geigui 1995                     | I  | Normal   | Fusion+Brace   | Normal   |
| Donahue 1994                    | I  | Hemiparesis  | Halo distracted (temp<br>neuro worse), Fusion<br>Halo + Fusion                 | Hyperreflexic  |
|                                 | II                                       | CN6  | Collar/Traction +  | Normal   |
|                                 | II                                       | Quadriplegia, CN7/10                               | Fusion   | Quadriparesis,<br>CN7/10                                 |
|                                 | II                                       | Quadriparesis, CN3/7                               | Fusion   | Quadriparesis  |
| Palmer 1994                     | II                                       | Quadriparesis, CN6                                 | Traction (neuro worse),<br>Brace+Fusion  | Quadriparesis  |
| Dickman 1993<br>Papadoulou 1991 | II                                       | Quadriplegia, CN9/10<br>Quadriparesis, CN6         | Brace  | Unchanged (sepsis<br>death at three mo)<br>Quadriparesis |
|                                 | Rotatory                                 | CN6  | Traction (neuro<br>worse), Fusion+Halo   |  |
|                                 | Rotatory                                 | Hemiparesis, CN3/6                                 | None (neuro worse),<br>Fusion+Halo   | Hemiparesis  |
|                                 | Mixed II/Rotatory                        |  | Halo+Fusion  | Normal   |
| Harmanali 1993                  | II                                       | Hemiparesis, CN12                                  | Fusion+Brace   | Normal   |
| Hosono 1993                     | I  | Hemiparesis  | Brace(neuro worse),<br>Fusion+Brace  | Normal   |
| Matava 1993                     | II                                       | Hemiplegia, CN6/12                                 | Fusion + Brace   | Spastic, CN 6  |
|                                 | II                                       | Hemiparesis, CN6                                   | Fusion + Brace   | Normal   |
|                                 | II                                       | CN6/9/10   | Fusion + Brace   | Spastic  |
| Nischal 1993                    | II                                       | Quadriparesis,<br>CN3,6,9,10                       | Brace+Fusion   | Hemiparesis,<br>CN3,6,9,10                               |
|                                 | II                                       | Quadriplegia, CN9,10                               | Brace+Fusion   | Hemiparesis  |
| Bundshuh 1992                   | I  | Quadriparesis<br>CN6,9,10,12                       | Traction+Fusion  | CN6,12   |
| Farley 1992                     | I  | Quadriplegia, CN10                                 | Traction+Brace   | Quadriplegia   |
| Belzberg 1991                   | II                                       | Quadriparesis,<br>CN6,9,10                         | Traction+Brace+<br>Fusion  | Monoparesis, CN6   |
| Lee 1991                        | II<br>Mixed I/Rot                        | Normal<br>CN6                                      | Traction+Fusion<br>Brace+Fusion  | Normal<br>CN6  |
| Montane 1991                    | I  | Hemiparesis  | Fusion+Brace   | Spastic  |
|                                 | II                                       | Quadriparesis                                      | Traction, Fusion+Brace   | Normal   |
|                                 | II                                       | Quadriplegia                                       | Fusion+Brace   | Quadriplegia   |
| DiBenedetto 1990                | I  | Quadriparesis,<br>CN9,10,12                        | Collar (neuro worse,<br>6wk), Fusion+Brace                                     | Spastic  |

| <b>AUTHOR</b>      | <b>TYPE</b>        | <b>INITIAL EXAM</b>      | <b>TREATMENT</b>                                     | <b>OUTCOME</b>          |
|--------------------|--------------------|--------------------------|--|-------------------------|
| Colnet 1989        | Mixed lat/rotatory | Hemiplegia, CN 6,9,10    | None (neuro worse), Traction+Shunt+Decompression     | Hemiparesis             |
| Jevitch 1989       | Lateral            | Normal                   | Traction+Brace                                       | Normal                  |
| Hummel 1988        | I                  | Hemiparesis              | Fusion+Brace   | Normal                  |
| Zampella 1988      | II                 | Quadriplegia, CN5-12     | None   | Quadriplegia, CN6       |
| Georgopoulous 1987 | I                  | Normal                   | None (neuro worse), Fusion+Brace                     | Normal                  |
| Bools 1986         | III                | Normal                   | Traction, Fusion+Brace                               | Normal                  |
| Collato 1986       | Mixed I/lateral    | Normal                   | None (neuro worse), Fusion+Brace                     | Monoparesis             |
| Putnam 1986        | I                  | Quadriplegia, CN 6       | Brace  | Death (sepsis eight mo) |
| Ramsay 1986        | I                  | Quadriparesis            | None (neuro worse), Traction+Brace                   | Hemiplegia              |
| Roy-Camille 1986   | I                  | CN6,11                   | None, Brace failed (3 mo), Traction+Fusion           | CN6                     |
|                    | I                  | Quadriplegia, CN6,9-12   | Traction+Fusion                                      | Quadriplegia            |
| Zigler 1986        | I                  | Quadriplegia, CN11       | Traction+Brace +Fusion                               | Quadriplegia            |
| Watridge 1985      | Lateral            | Paraparesis              | None (neuro worse), Traction+Fusion+Decompress+Brace | Normal                  |
| Banna 1983         | Rotatory           | Normal                   | Traction (2 wk)                                      | Normal                  |
| Kaufman 1982       | II                 | Quadriplegia             | Brace+Fusion   | Quadriparesis, CN9,10   |
|                    | II                 | Monoparesis              | Brace  | Normal                  |
| Woodring 1981      | I                  | Hemiparesis, CN6         | Traction   | CN6                     |
|                    | I                  | Monoparesis              | None (neuro worse), Traction+Fusion                  | Quadriplegia            |
| Powers 1979        | I                  | Hemiparesis, CN6         | Traction+Brace                                       | Hemiparesis             |
|                    | II                 | Hemiparesis, CN7         | Traction+Brace                                       | Normal                  |
| Rockswold 1979     | II                 | Hemiparesis, CN6         | Traction, Brace+Fusion                               | Ambulates               |
| Eismont 1978       | III                | Normal                   | Collar(neuro worse) Fusion+Brace                     | Normal                  |
| Fruin 1977         | I                  | Hemiparesis CN6,9-12     | Traction+Fusion                                      | CN6,11                  |
| Page 1973          | I                  | Quadriplegia CN10,12     | Traction, Brace failed (5mo),Fusion                  | Quadriparesis,CN10      |
| Evarts 1970        | I                  | Hemiparesis CN 6,9,10,12 | Traction, Brace+Fusion                               | CN6                     |
| Gabrielsen 1966    | I                  | Hyperreflexic,CN6        | Traction, Brace failed (3mo),Fusion                  | Numb scalp              |
| Farthing 1948      | III                | Normal                   | Traction+Brace                                       | Normal                  |

3 articles (15 patients) were eliminated because the type of dislocation was not reported. Cohen (1), Georgopoulous (2/3), Bulas (5/5), Naso (1/2), Sun (6/6)

2 articles (8 patients) were eliminated because the initial exam was not reported. Grabb (3), Ahuja (5)

2 articles (6 patients) were eliminated because the treatment was not reported.

Maves (3), Hladky (3)

1 article (2 patients) was eliminated because the outcome was not reported.

Jones (1), Bools (1/2)

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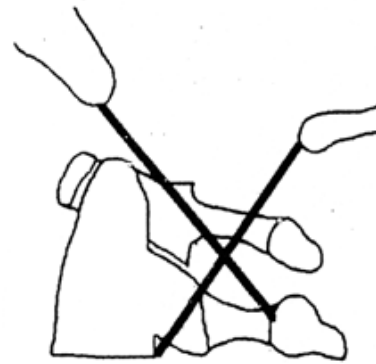
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**Figure 1**

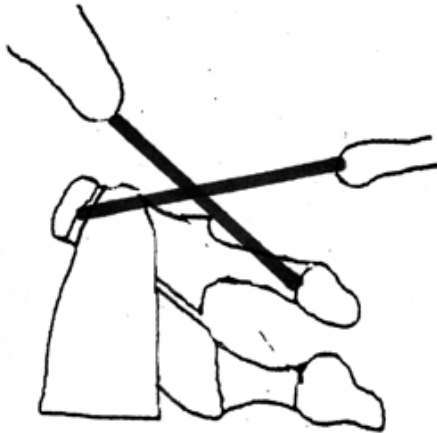
Mid-sagittal diagrams of the craniocervical junction show the various methods for identifying AOD on a lateral cervical radiograph including the Wholey measure (A), Power's ratio (B), Dublin measure (C), X-line method (D), and BAI-BDI method (E).



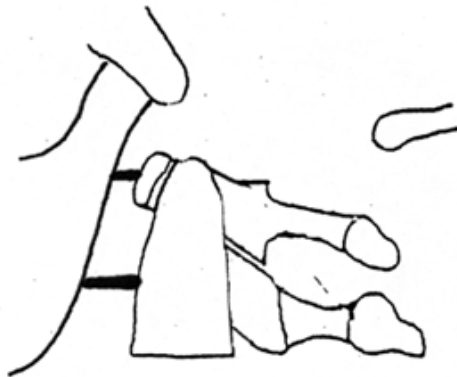
**Figure 1A**



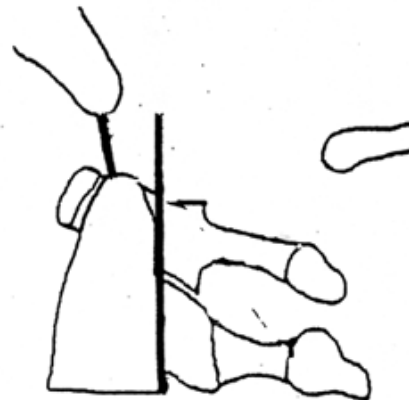
**Figure 1D**



**Figure 1B**



**Figure 1C**



**Figure 1E**